

	Monday	Tuesday	Wednesday	Thursday	Friday
2 nd Floor	Ambulation Training (11 am)	Ambulation PROM (2-3 pm)		Massage PROM Ambulation (2:30-3:00)	Massage Ambulation (1:00-10:30 pm)
3 rd Floor	Ambulation Training (10:30 - 11 am)	Pulley, Ex'n Flex (11 am - 11:30 am)	Aerobics for Seniors (10:45 am)	PROM Massage, Ambulation (2- 2:30 pm)	Pulley Ambulation (2- 3 pm)
4 th Floor	Ex'n Flex, Ambulation PROM (2 - 3 pm)		Ex'n Flex, Ambulation PROM (2 - 3 pm)		Parachute (10:30- 11 am)
5 th Floor		Ambulation Training (10:30 - 11 am)	Aerobics for Seniors (10:15 am)	Ex'n Flex	PROM Massage, Ambulation
6 th Floor	Ambulation Training (11:30 - 12 pm)	Parachute (11:15- 11:45 am)		Ambulation (11:30-12 pm)	
Recreation Room		Ti-Chi (10:30 am) Busy Hands		Stroke Group (10:30 am)	