

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8:15 am							Breakfast Club (Recreation Room)
9:30 am							Shul (Synagogue)
10:30 am	1:1 Program	Modern Issues with Biblical Flavour (Synagogue)	Tai-Chi (Recreation Room)	Aerobics for Seniors (Unit w/ Rehab) Art Therapy (Synagogue) For the schedule, please refer to the monthly calendar	Stroke Group with Rehab. (Recreation Room or Unit) Book Club (Synagogue)	Weekly Holy Rosary (Recreation Room)	
1:30 pm							Bowling/Table Games (Recreation Room)
2:00 pm	Movie Matinee (Recreation Room)	Bingo (Recreation Room)	Sewing Bees and Busy Hands	What's Cooking	Tea Social or Birthday Party (Recreation Room)	Oneg Shabbat (Synagogue)	
3:15 pm			Spanish Lesson (Recreation Room)	Let's Talk (Recreation Room)			
6:30 pm		International Current Events (Recreation Room)		Evening Movie (Recreation Room)	Evening Social (Recreation Room)		